

## Creative thinking and doing scale (Gubenko, 2022)

### Instruction

You will now read several statements about your creative process. Without being too reflective and self-critical, please evaluate the extent to which each statement applies to your personal experience. Try to think about your best self.

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

1. I am good at generating new and original ideas

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

2. After some thinking I can come up with a lot of original ideas

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

3. Sometimes I can come up with ideas other people have never thought of

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

4. I enjoy mentally playing with ideas

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

5. I can combine ideas in ways others have not tried

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

6. I often create new ideas by combining existing ones

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

7. I try to see problems from different perspectives

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

8. I often use the technique of brainstorming to generate new ideas and solutions

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

9. I know how to generate new ideas

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

10. I am a person who has a lot of ideas

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

11. I enjoy playing and exploring materials

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

12. When I don't know how to do something I often start by trying

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

13. I like finding new ways of doing ordinary things

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

14. Experimentation is an important part of my creative process

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

15. Practical implementation of ideas is as important as idea generation

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

16. It is often in doing that I find new ideas and solutions

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

17. When I don't have necessary equipment to solve a problem, I often improvise with the objects that I have

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

18. I like to experiment with objects

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

19. I like doing things differently

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

20. I like to find new uses for common things

1	2	3	4	5	6
Strongly Disagree	Disagree	Rather Disagree	Rather Agree	Agree	Strongly Agree

Creative self-efficacy score = average of 20 items

Instead of overall score we recommend to use 2 sub-scores:

1) creative thinking (items 1-10) SUM:.....

2) creative doing (items 11-20) SUM:.....