

Thinkathon 1 week

Description

1 week Thinkathon is a co-creation program where young people work together on current global challenges and their impact on local communities.

Category

1. 1 week
2. Design the futures

Tags

1. Activity

Meta Fields

Debriefing : The Thinkathon is a chance for young people to take part in a creative process and learn about their creative competences. They will experience their own creativity as well as the group work that can inspire their ideas about desired future. Here are examples of debriefing questions:

- Are you satisfied with the final idea that you have build in the group?
- Do you think that the idea is feasible: can be implemented in reality?
- Would you like to be part of building this particular image of the future? What would be your role (spectator or player?)
- Who would be key players to implement that vision: can you imagine to contact them to show them the prototype?
- Have you discovered something new about yourself?
- What was the WOW moment in the whole day?

Outcomes : In the project Thinkathon, we are going to introduce creativity using Design Thinking and Futures Thinking methodology. By “teaching” the future, you can engage young people in thinking and projects that motivate them to learn, equip them to face uncertainty and challenge, empower them to envision a preferred future, and develop agency to bring it about. Therefore “futures thinking” competence is becoming a necessity today, and not just an interesting intellectual exercise.

Young people will be ensured that designing the future is, on the one hand, a search for opportunities and potential, and on the other hand, systematic, purposeful and initiating practical solutions, aimed at responding to uncertainty. Last but not least: Thinkathon is fun!

Materials : 1 flip chart board per group with flip chart papers Markers and pencils x 6 per group 2 decks of post-its per table Sticky tape (x 1 per table) Sticky dots (x 1 per table) A4 paper (x 20 per table) Set of Templates from Annex

Time : 1 week

Methodology : Seetings 1 week Thinkathon is a co-creation program where young people work together on current global challenges and their impact on local communities. The Thinkathon can be part of the summer camp, youth exchange, youth leader training, scout camp, etc. All you need is a group of motivated youngsters, a collaborative space, a facilitators' team and program (example below). ~~The Thinkathon is based on working in small groups of (5-7 people). You can prepare the group division in advance (check the activity we propose in section: Creative Base) or ask young people to~~

choose their peers. The groups should be seated around the tables, each having a flip chart board at their disposal. The instructions should be projected on the screen, the head facilitator might use the microphone, clicker and measure the time with the large clock projected on the screen. This is the suggested program for a 5 days Thinkathon. Elements of the program are explained below:

14.09 Day 1 Inspiration Day

Day 2 Research Day

Breakfast 08:00-09:00

09:00-11.00 Welcome Session: Presentation of the project, plan of working. Rules, program, tools. Getting to know each other: Sustainability Bingo

09:00-10.30 Recap of the Day 1 Energizer and intro to the day Sustainable Youth work in Luxembourg: guest speaker from Transition Movement

- Wall of Inspiration

Morning Session

11.00-12.00 Introduction to the topic of the Thinkathon: Our Sustainable Future - Flower of Expectations Keynote speech of a local activist/researcher on social, environmental, economical challenges in local environment + Wall of Inspiration

10.30-13.00 Input: Mapping your community: intro to the guerrilla research and interview Guerilla Research in the local environmental: meeting with organizations, interviews with locals

12.00-13.00 Introduction to Design Thinking

Lunch 13:00-15.00

15:00-16:00 World cafe: What are the biggest challenges connected to sustainability for young people? Exchange in small groups on topics:

- Social Challenges
- Environmental Challenges
- Economical Challenges
- Cultural/Heritage Challenges

15:00-17.00 Summary of findings: work with coach on Persona Plenary: summary of the research impressions - sharing with other groups

Afternoon Session

16:00-17:00 Summary of World Cafe Group division for challenges: distribution of Fact Sheets

17.00--17:30 Coffee break

17:00-17:30 Small groups: building mind maps of the problem in local community

17:30-18:30 Free time

17.30-18.00 Closing Ritual

19.00 Evening activity together E.g. watching the movie

Dinner 19:00

9.30-11.30 Focus on challenges: formulation of How Might We questions

11.30-13.00 Warm up: Creativity Battle Small groups: Working on the specific challenges in the small groups: ideas generation Sharing ideas with other groups

Lunch 13.00-15.00

15:00-16:00 Future is now. Challenges, trends and future thinking- inspirational talk before ideation

Afternoon Session

16.00-16.30 Coffee break

16.30-17.30 Free time

17.30-18.00 Closing of the day

11.00-13.00 Prototyping of selected ideas in small groups

Lunch 13.00-15.00

15:00- 16.00 Testing the ideas locally Open Event with local community - presentation of the ideas to local organizations or local politicians

16.00-16.30 Coffee Break

16.30- 18.00 Iteration on prototypes

19.00 Evening together

Day 5

09:00-09:30 Recap of Day 4 Energizer and intro to the day

Morning Session

9.30-10.30 Self reflection. Why is sustainability important for me?

10.30-11.00

11.00-12.00 Planning next steps of the projects

Lunch 13.00-15.00

Afternoon Session

15:00-16:00 Debriefing of the Thinkathon Evaluation of the project

Celebration Together

Welcome Session

- Introduce goals
- Introduce team of facilitators
- Introduce the program
- Introduce the rules of collaboration

As Thinkathon should be a mix of thinking and creating, ideally we try to create friendly conditions for team collaboration. It should not be too serious and restrictive, all ideas should be welcomed, people without any expertise should find their place in the process. We suggest therefore the following rules:

Ground Rules



Have fun



Encourage
wild ideas



Bring ideas
to life



Work fast



Work together,
no spectators



Done,
not perfect

Sustainability Bingo: In order to start the session in a playful way, you can use this template (print A4, one sheet per person) to make participants get to know each other. The task is to find as fast as possible at least 9 different people who can answer positively on 9 Bingo statements. Attention: names should not be repeated (if for example one person fits more than one category) You can always create your own Bingo, just get inspired!

SUSTAINABILITY BINGO!

Find one person who traveled here by train or by using car sharing

Find someone who organizes social events in his/her community

Find someone who is interested in creating an environmental project?

Find a person who is engaged in political life in his community

Find a person who signed a petition in his life (what kind of petition?)

Find someone who can share 3 benefits of social entrepreneurship

Find someone who knows what circular economy is

Find someone who has heard about design thinking

Find someone who concierge him/herself creative

World cafe: With the dynamic of the cafeteria (you place a number of tables in the room with 4-5 chairs around) you will invite young people to discuss the topic: What are the biggest challenges connected to sustainability for young people? On each table place a big flip chart paper (and 1-2 marlers) with one of the topics mentioned in the middle.

- Social Challenges
- Environmental Challenges

- Economical Challenges
- Cultural/Heritage Challenges

Let the small group discussion go on for 15 min and after that ask the participants to change the group and repeat the process 4 times (= as many times as topics). Attention: the participants do not change the table together, they might mix with others. In result each person has a chance to visit each table/topic once. You might suggest other topics, e.g. selected Sustainable Development Goals

Keynote Local Activist/ Researcher Presentation of key information, environmental chances and social challenges of your local community will help your Thinkathon to be more specific, focused on concrete issues that relate to their life. It will bring more enthusiasm to the whole process. Remember that the input should be adapted to the user- young person. Ideally it is also inspiring and positive, even if the topics that are mentioned are challenging. You might invite an **activist** from the Transition movement (<https://transitionnetwork.org/>) that might also exist in your area. Input from **researchers**: it is beneficial for the Thinkathon to build it on a solid basis of knowledge provided by the experts. You might invite the researchers who specialize in the topics that will be discussed, related to social or environmental issues. If you will do so, make sure that their input is user-friendly (comprehensible and adapted to the audience). Here we calculate 30 min per input but it depends on the number of topics that you want to tickle during the Thinkathon. With 20 participants you might work with 4 different topics for example (- 4 different researchers) **Wall of inspiration**- invite young people to share their main learning

each person

Example of the activity:

Ask the groups to look at the picture below. What could such a baff be used for (if not as a scarf?). Ask each group to write down as many solutions as possible within 3 min time. Set up the stopwatch or a clock so that everyone can see the time running. After 3 min, ask each group to calculate how many solutions they found and ask the team with the highest number to give 3 examples. In the next step each team can share one of the solutions (or more if time allows).

If you have such a baff, you can allow the groups to present the solutions, it's always so much fun to see them in action.



Battle

Mind map/ flower activity Example of **challenges** (based on SDG's and input from researchers)

- Plastic Pollution - What if we stop the plastic pollution in the oceans in the next 5 years?
- Responsible Consumption and production- What if we could change our food system for more sustainable and with less waste?
- Sustainable cities and communities - What if we could all live in safe, healthy and green communities?

Or Examples of **topics** based on Fact Sheets:

- Sustainable Fashion
- Food - healthy consumption
- Mobility and smart transport solution in our cities

To warm up each group for the topic, ask them to create a mind map in the form of a flower (ideally using the colorful moderation cards). In the middle they write the topic of their group (e.g. world without plastic; sustainable food system, safe, healthy and green communities). Each person receives one note card for him/herself to note down the challenges they connect to the topic and what they already know. It is OK if the flower is not complete - new materials, change of habits - multiple people can work on it. It is OK if the flower is not complete to learn more about the topic.

Flower of Challenges: what do we already know ?

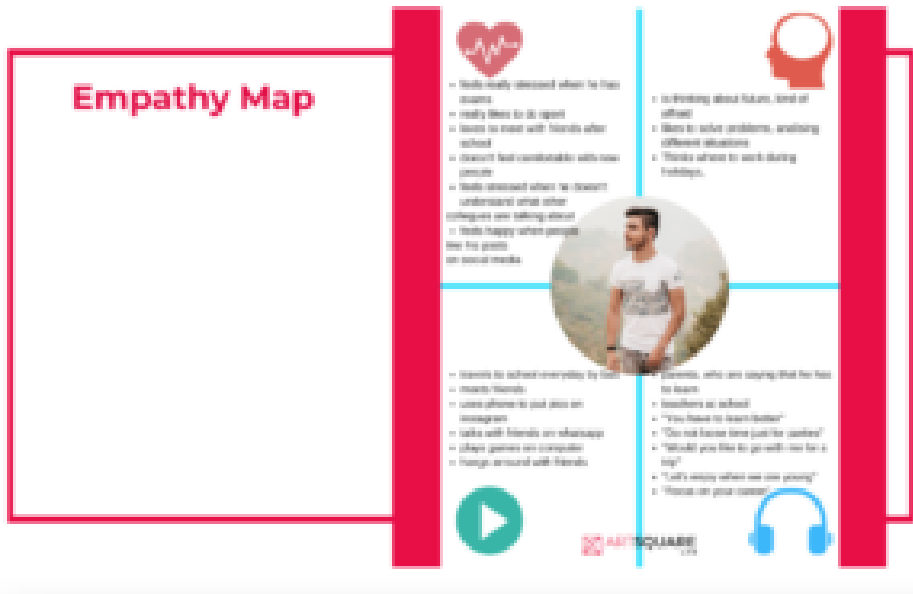


Interviews and personas In their groups,

the participants are asked to obtain more information about the main challenge: they should interview a minimum of 3 persons. If your time is limited, the participants can mingle with other groups. If there is more time, they can move outside the building and conduct some interviews "on the street", in the shops, etc. It is important that before the interviews the group agrees what kind of questions they will ask - it can be helpful to provide them with a short interview grid template. It will ensure better quality of the information obtained. Last but not least, it can be helpful to create pairs for this activity: in each pair one person can ask questions and the second person can take notes. They should decide between them what feels more comfortable or who wants to practice curiosity! After the interviews the participants get back to their groups to share information and debrief other team members. It is

s. The template of the Persona/ user we try to solve the challenge.

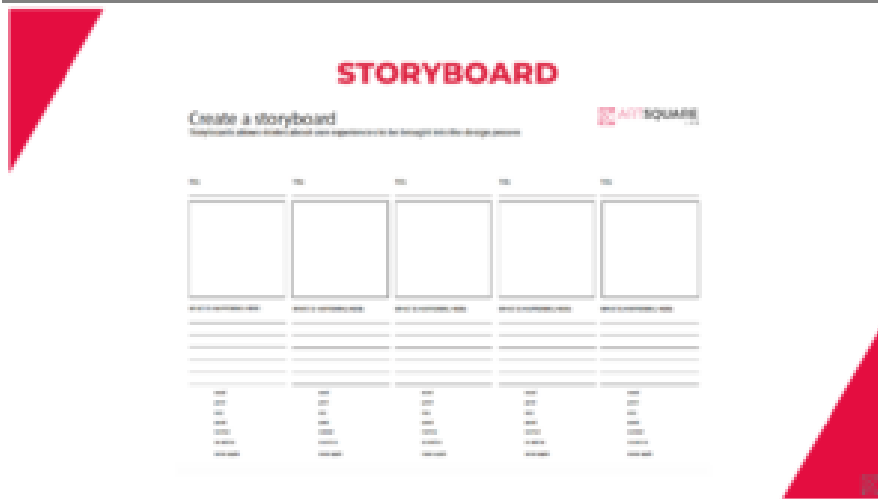




Ideation session What could be the new solutions for the challenges? In small groups, the participants are asked to come up with the ideas with the set of activities:

- Individual ideation sprint: use 4 spaces of the A4 paper to draw/name 4 potential solutions for your idea (5 min)
- Choose the idea that you like the most on your paper and share it with the group (20 min)
- Using 3 dots, vote for the idea that you think has the greatest potential for further development (not the best one:). The selected idea is the one with the largest number of dots.(5 min)
- Together with the team, create 10 different versions of the idea and sketch them on the post-its. At the end choose the best idea together. (15 min)

Prototyping (storyboard and 3D) The idea selected in the ideation process is taken to another level: together the group needs to divide the idea into sequences and draw it using the template of the storyboard. To create a storyboard the group should imagine how a user of the idea will interact with it (e.g. if the idea is to create a green points at train stations where the passengers can rest, wait and get to know the plants- ask the group to imagine step by step: how the traveler will find the garden? How will s/he learn how to use it? What objects will s/he use there? etc) Visualization of the idea will make a group members to discuss the details, find compromises, convince each other, prioritize best solutions.



In final point the group can build a 3D prototype with simple materials available during the workshop (paper, pen, glue, old magazines, lego bricks, etc) As it is difficult to prototype the whole idea, suggest the groups to select one sequence from the storyboard and take it in 3 dimensions e.g. they might choose to prototype the poster, the invitation letter, the signalisation board, etc). Again, while building they need to discuss and find compromise and maybe even decide on some changes of the idea. This is welcomed! **Testing of the prototypes and feedback** After building the prototypes, ask all groups to clean their working stations and get ready to present the idea to others. The testing session can be done at least in three different ways:

1. if you have max 20 people, walk together from station to station: at each station find one “tester” who will interact with the prototype, trying to guess what the idea is about. The group who owns the prototype can afterwards explain what was their international. All the participants can comment and give their opinion. Encourage feedback giving!
2. If you have more than 20 people, you can invite the groups for cross-testing: each group can go to give feedback to the partner-group. After they switch. In result both groups have a chance to present/pitch as well as give constructive feedback to each other.

Iteration Getting feedback allows the groups to improve the prototypes and modify the ideas: give them time to rethink the suggestions and re-build the ideas, modify them.

Description : What is a Thincathon? It is a hackathon without hacking and coding, it is rather about thinking and designing new ideas for their future and the futures of their communities. So maybe you have already discussed with young people their visions for the future and you assumed that it is time to stop talking and start doing! Many dark narratives are being created and even if the situation is for sure dramatic, some young people are feeling overwhelmed and are losing the belief in being able to create change by themselves. In this situation the citizens, entrepreneurs, teachers but especially young people need to be assisted with different ways of thinking where creativity and creative problem solving plays a central role. We need to revive the imagination of young people for inventing positive future scenarios as well as support their creative courage to be able to be the protagonists of the imagined future. How to proceed?